

GOVERNMENT DEGREE COLLEGE
RAJAMPETA

SHORT TERM INTERNSHIP

RECORD BOOK
2024-25

Designed & Developed by



ANDHRA PRADESH
STATE COUNCIL OF HIGHER EDUCATION
(A STATUTORY BODY OF GOVERNMENT OF ANDHRA PRADESH)

PROGRAM BOOK FOR
SHORT TERM INTERNSHIP

Name of the Student: *Beeadam Nandini.*

Name of the College: *Govt. Degree College Rajampet.*

Registration Number: *202200135027*

Period of Internship: *1 Month* From: *20/5/24* To: *20/6/2024*

Name & Address of the Intern Organization *Siva Teja Medical's*

YEAR

2024-25

Yogi Vemana University

KADAPA

An Internship Report on

(Title of the Short term Internship Program)

Submitted in accordance with the requirement for the degree of

Bachelor of Arts

Under the Faculty Guidship of

B. NAGARAJA

(Name of the Faculty Guide)

Department of

Telugu

(Name of the College)

Submitted by:

Bcedam Nandini

(Name of the Student)

Reg.No: 202200135027

Instructions to Students

Please read the detailed Guidelines on Internship hosted on the website of AP State Council of Higher Education <https://apsche.ap.gov.in>

1. It is mandatory for all the students to complete Short term internship either in 2nd Semester.
2. Every student should identify the organization for internship in consultation with the College Principal/the authorized person nominated by the Principal.
3. Report to the intern organization as per the schedule given by the College. You must make your own arrangements for transportation to reach the organization.
4. You should maintain punctuality in attending the internship. Daily attendance is compulsory.
5. You are expected to learn about the organization, policies, procedures, and processes by interacting with the people working in the organization and by consulting the supervisor attached to the interns.
6. While you are attending the internship, follow the rules and regulations of the intern organization.
7. While in the intern organization, always wear your College Identity Card.
8. If your College has a prescribed dress as uniform, wear the uniform daily, as you attend to your assigned duties.
9. You will be assigned a Faculty Guide from your College. He/She will be creating a WhatsApp group with your fellow interns. Post your daily activity done and/or any difficulty you encounter during the internship.
10. Identify five or more learning objectives in consultation with your Faculty Guide. These learning objectives can address:
 - a. Data and Information you are expected to collect about the organization and/or industry.
 - b. Job Skills you are expected to acquire.
 - c. Development of professional competencies that lead to future career success.
11. Practice professional communication skills with team members, co-interns, and your supervisor. This includes expressing thoughts and ideas effectively through oral, written, and non-verbal communication, and utilizing listening skills.
12. Be aware of the communication culture in your work environment. Follow up and communicate regularly with your supervisor to provide updates on your progress with work assignments.

13. Never be hesitant to ask questions to make sure you fully understand what you need to do your work and to contribute to the organization.
14. Be regular in filling up your Program Book. It shall be filled up in your own handwriting. Add additional sheets wherever necessary.
15. At the end of internship, you shall be evaluated by your Supervisor of the intern organization.
16. There shall also be evaluation at the end of the internship by the Faculty Guide and the Principal.
17. Do not meddle with the instruments/equipment you work with.
18. Ensure that you do not cause any disturbance to the regular activities of the intern organization.
19. Be cordial but not too intimate with the employees of the intern organization and your fellow interns.
20. You should understand that during the internship programme, you are the ambassador of your College, and your behavior during the internship programme is of utmost importance.
21. If you are involved in any discipline related issues, you will be withdrawn from the internship programme immediately and disciplinary action shall be initiated.
22. Do not forget to keep up your family pride and prestige of your College.

.....<<@>>.....

Student's Declaration

I, B. Nandini a student of Bachelor of Arts (Group)

Program, Reg. No. 202200135027 of the Department of Telugu

College do hereby declare that I have completed the mandatory internship
from 20/05/2024 to 20/06/2024 in Sri Teja Medicals (Name of

the intern organization) under the Faculty Guide ship of B. Nagaraju

(Name of the Faculty Guide), Department of Telugu

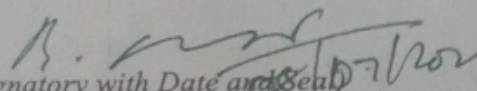
Telugu Government Degree college Rajampet
(Name of the College)

(Signature and Date)

Official Certification

This is to certify that beedam Nandini (Name of the student) Reg. No. 202200135027 has completed his/her Internship in Siva Teja Medicals (Name of the Intern Organization) on Medical operations (Title of the Internship) under my supervision as a part of partial fulfillment of the requirement for the Degree of B.A (H.E.P) IV Sem in the Department of Govt Rajampet (Name of the College).

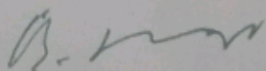
This is accepted for evaluation.


(Signatory with Date and Seal)

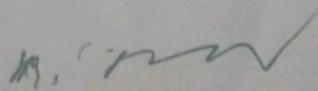
BALASANI NAGARAJA, MA.,
Lecturer in Telugu
Government Degree College
Rajampeta, Annamayya Dist. 516115. A.P.

Endorsements

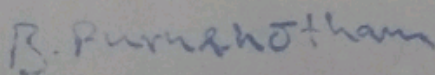
Faculty Guide



Head of the Department



Principal



Certificate from Intern Organization

This is to certify that Breedom Nandini (Name of the intern)
Reg. No 202200135027 of Govt Degree College (Name of the
College) underwent internship in Siva teja Medicals (Name of the
Intern Organization) from 20-05-2024 to 20-06-2024.

The overall performance of the intern during his/her internship is found to be
Satisfactory (Satisfactory/Not Satisfactory).

A. Sivateja
SIVA TEJA MEDICALS
Pullampeta Bypass,
Annamayya District - 516 107.

Authorized Signatory with Date and Seal

Contents

We are 2 Numbers to Nurse training at Medical pharmacy in "Siva Teja Hospital" in pullampet" for short term Internship we learned about Medicine's about many skill's.

⇒ Human Health issue's.

* Antibiotic tablet's and Injection's

* The Health problem's to Syrup's to the learned about skill.

* Ointment for skin allergy

⇒ for mouth ulcers

⇒ for ringworm

⇒ for piles

⇒ for burn's

* eye drops for wound healing

eye drops for red eyes
for eye Infection.

CHAPTER 1: EXECUTIVE SUMMARY

The internship report shall have a brief executive summary. It shall include five or more Learning Objectives and Outcomes achieved, a brief description of the sector of business and intern organization and summary of all the activities done by the intern during the period.

Objectives :-

The nurse communicate information about "clint's / patient" so that all Health care team members can make appropriate decision making about clint's care.

"Nursing Hand-off" can be defined as a communication between two shifts of nurse occurring at the transfer at "responsibility" a patient to include on opportunity" to ask questions, clarity and consistency.

The "patient" has a right to inspect copy the HCAEL after being "discharged". a nurse guilty of negligence the "professional" and essential part of the nursing care.

CHAPTER 2: OVERVIEW OF THE ORGANIZATION

Suggestive contents

- A. Introduction of the Organization
- B. Vision, Mission, and Values of the Organization
- C. Policy of the Organization, in relation to the intern role
- D. Organizational Structure
- E. Roles and responsibilities of the employees in which the intern is placed.
- F. Performance of the Organization in terms of turnover, profits, market reach and market value.
- G. Future Plans of the Organization.

Knowledge:-

- observation
- Time management
- organization
- focus
- patience.

"Nurses must also listen calasely and carefully to patients about their sym points and conditions and ensure medication is distributed correctly."

"Detail-oriented" skills that nurses should prioritize include:-

CHAPTER 3: INTERNSHIP PART

Description of the Activities/Responsibilities in the Intern Organization during Internship, which shall include - details of working conditions, weekly work schedule, equipment used, and tasks performed. This part could end by reflecting on what kind of skills the intern acquired.

Activities :- and :- Responsibilities :-

"Nursing is the diagnosis and treatment of human responses and advocacy in the care of individual, families, groups, communities, and populations in recognition of the connection at all humanity."

The nursing provide patient care and discuss patient and their families about health concerns and remedies. They are essentially the people who look after the patient and post surgery, and support patients emotional

professions in this field :- physicians, professional nurses, nurses, the making the delivery of nursing care.

ACTIVITY LOG FOR THE FIRST WEEK

Day & Date	Brief description of the daily activity	Learning Outcome	Person In-Charge Signature
Day - 1 20-5-24	My first day of (Bp) mation is working to Human's checkup.	The teach to doctor is Helped.	
Day - 2 21-5-24	The 2 day the medicine course to understanding.	that a part of arranged by medicine.	
Day - 3 22-5-24	viewing to learned in different tablets and Injections.	All parts of Medicine work to understand.	}
Day - 4 23-5-24	The 4 day Medicine course to Examples and types learned.	Skin, ointment allergy for learned.	
Day - 5 24-5-24	Human body - B.p - Sugar Heart beet - Health issue.	The clear to Health issue by checkup.	
Day - 6 25-5-24	The Junior to senior checking in different types.	Childrens to Adults	

WEEKLY REPORT

WEEK - 1 (From Dt..... to Dt.....)

Objective of the Activity Done:

Detailed Report:

observed by all Medicines

→ Medicine distribution cards:-

This includes distribution record of iron and folic acid tablets, Vitamin A solution and other medicines.

→ Family welfare records:-

These include records for eligible couples, family planning records, MTP records and other related records.

→ Treatment and referral records:-

This includes records related to remedies of health problems.

The information kept in the health unit on the work of the unit, on the health conditions in the community on individual patients, as well as information on administrative matters, staff, equipment supplies, etc.

ACTIVITY LOG FOR THE SECOND WEEK

Day & Date	Brief description of the daily activity	Learning Outcome	Person In-Charge Signature
Day - 1 27/5/2024	NS - 500ml - RL - 500ml Sodium chloride Injection	Weakness - use that patient's.	
Day - 2 28/5/24	Cipro - Metro ofloxacin Injection	use that a stomach infection.	
Day - 3 29/5/24	paracetamol (PCM) 150 mg Injection	use for fever.	} K-4
Day - 4 30/5/24	paracetamol (PCM) Infusion	Fever controlling Injection.	
Day - 5 31/5/24	Monocef - SB 100mg - 500mg Injection -	using to Anti biotic	
Day - 6 1/6/24	Hycost - 100mg Injection	skin Infection the using.	

WEEKLY REPORT

WEEK - 2 (From Dt..... to Dt.....)

Objective of the Activity Done:

Detailed Report:

the Medicines to understand

Introduction :-

Communication is corner stone in the nursing professional and essential part of the nursing care.

Nurses communicate information about clint's/ patient so that all Health care team members can make appropriate decision making about clint's care.

Nursing Hand-off can be defined as a communication between two shifts of nurse occurring at the transfer of responsibility for a patient to include an opportunity to ask questions, clarity and continuity.

The patient has a right to inspect and copy the record after being discharged. a nurse guilty of negligence.

ACTIVITY LOG FOR THE THIRD WEEK

Day & Date	Brief description of the daily activity	Learning Outcome	Person In-Charge Signature
Day - 1 3/6/24	The third week to learn by Syrup to understanding.	Syrup to children and Adults	
Day - 2 4/6/24	Vomikind - 2mg Vomitin - 2mg ondansetron oral solution	only children's Syrup	
Day - 3 5/6/24	Spasmonil - (Syrup) Hefatal - spaz - (Syrup)	01-6 years children's use - stomach pain	} B. L.
Day - 4 6/6/24	OMEE - 200mg - 25mg Aluminium, Magnesium.	use of (Syrup) gas trouble only Adults	
Day - 5 7/6/24	Vedcold - P - 2mg 5mg Vivocet - M - 2.5mg 4mg (Syrup)	1-6 years only children's use:- cold	
Day - 6 8/6/24	Rantac - Syrup Ranitidine oral Solution	only 1-year to - 6 years children's - use gas trouble.	

WEEKLY REPORT

WEEK - 3 (From Dt..... to Dt.....)

Objective of the Activity Done:

Detailed Report:

Nursing is the diagnosis and treatment of human responses and advocacy in the care of individuals, families, groups, communities, and populations in recognition of the connection of all humanity.

Nursing Information includes data collected by nursing, data used by nurses, data about nursing activity, and data the nursing resource.

The nursing provide patient care and advice patients and their families about health concerns and remedies. They are essentially the people who look after the patient pre and post surgery, and support patients emotionally.

professionals in this field:
physicians, professional nurses, nurses.
The making and the delivery of
nursing care.

ACTIVITY LOG FOR THE FORTH WEEK

Day & Date	Brief description of the daily activity	Learning Outcome	Person In-Charge Signature
Day - 1 10/6/24	B - Colex potent - Multivitamin (tablets)	Vitamin tablets -	
Day - 2 11/6/24	Rexigut - 400mg tablet	use to Blood Infection.	
Day - 3 12/6/24	Saxidon - paracetamol and Coffeine - 500mg 50mg	use:- Head ache only Adults use.	} R. ✓
Day - 4 13/6/24	Azithal - 500 - 200mg tablets (Adults use)	use:- throat infection.	
Day - 5 14/6/24	Dolo - 650 paracetamol - (tablet)	use for:- Fever Adults use.	
Day - 6 15/6/24	Lovokem - 500mg 250mg tablet	use:- Eye Infection (Adults use)	

WEEKLY REPORT

WEEK - 4 (From Dt..... to Dt.....)

Objective of the Activity Done:

Detailed Report:

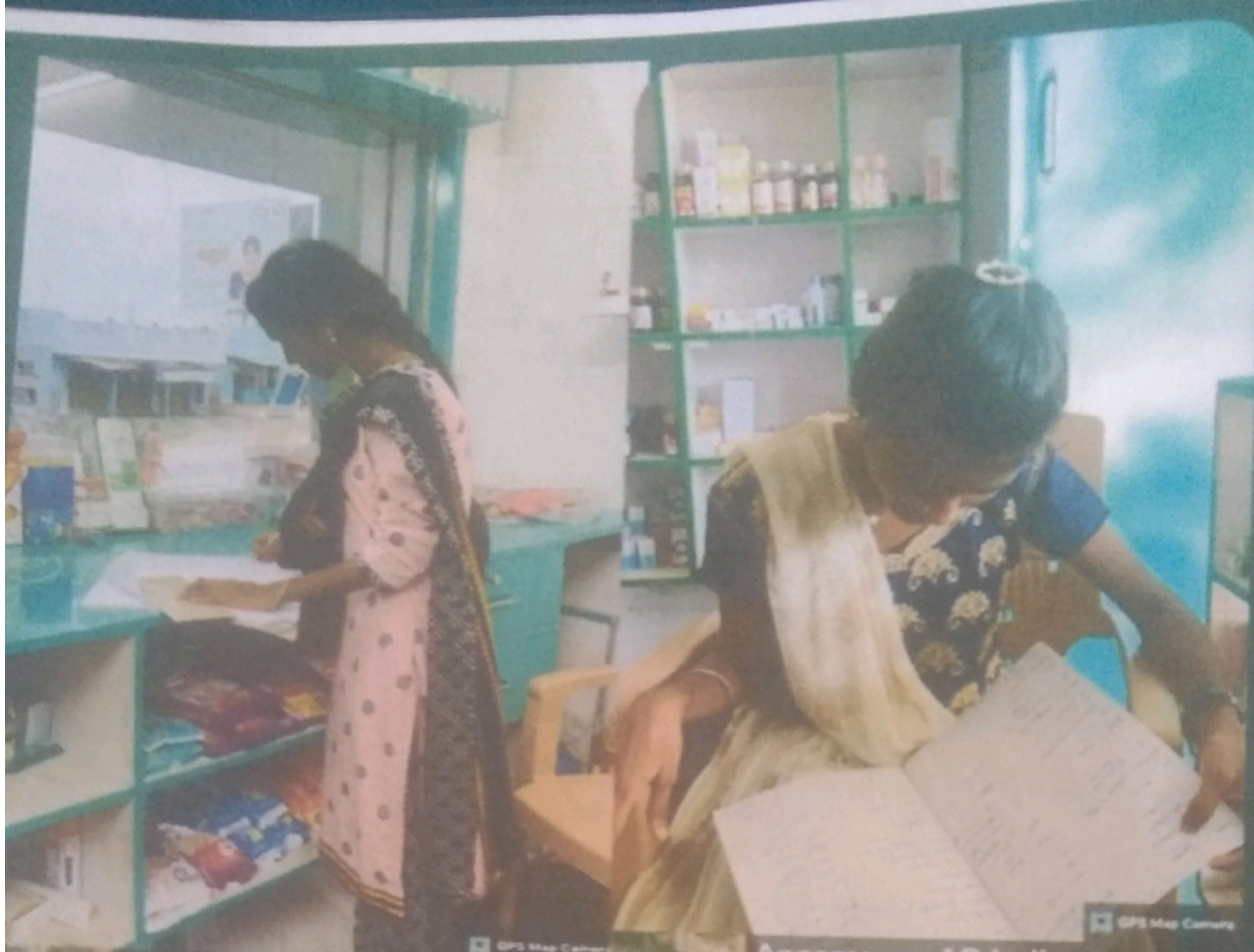
Injection practice :-

The different types of Injection in Nursing

The Most Common type of Injection are:-

- ⇒ Intravenous (IV)
- ⇒ Intramuscular (IM)
- ⇒ Subcutaneous (SC)
- ⇒ Intradermal (ID)

- * (IV) Injection :- Delivering Medication directly into a vein
- * (IM) Injection :- Delivering Medication into Muscle.
- * (SC) Injection :- Delivering Medication into the layer of fat just under the skin
- * (ID) Injection :- Delivering Medication in between the layers of the skin.



Annamayya, AP, India

Kadapa Tirupati Road, Pullampeta, Annamayya,
516107, AP, India

Lat 14.123347, Long 79.206226

06/12/2024 06:27 PM GMT+05:30

Note: Captured by GPS Map Camera

Annamayya, AP, India

Kadapa Tirupati Road, Pullampeta, Annamayya,
516107, AP, India

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Pullampet, Andhra Pradesh, India

46F4+9F2, Kadapa - Tirupati Rd, Pullampet, Andhra Pradesh 5
India

Lat 14.123226°

Long 79.206084°

23/05/24 01:14 PM GMT +05:30



Pullampet, Andhra Pradesh, India

46F4+9F2, Kadapa - Tirupati Rd, Pullampet, Andhra Pradesh
India

Lat 14.123326°

Long 79.206204°

23/05/24 09:50 AM GMT +05:30

Google

CHAPTER 5: OUTCOMES DESCRIPTION

Describe the work environment you have experienced (in terms of people interactions, facilities available and maintenance, clarity of job roles, protocols, procedures, processes, discipline, time management, harmonious relationships, socialization, mutual support and teamwork, motivation, space and ventilation, etc.)

Experience:- of nursing

nursing is face to face each day with patients who are having some of the worst days in their lives. They can also share in some of the best experiences in patients' life, such as welcome a newborn into the world or getting good from the oncologist.

A medical store. A nurse is a who is trained to give care to people who are strick - sick or injured.

Nurses work with doctors and other health care workers to make patients well and to keep them fit and healthy.

* Confidence

* Clarity

* Responsiveness

* Active listening
ability

* Respect

Describe the real time technical skills you have acquired (in terms of the job-related skills and hands on experience)

Blood pressure test :-

A blood pressure test may be done as a part of a routine Health checkup or as a screening for high blood pressure, also called hypertension.

2 methods of B.p. Measurements :-

The auscultatory or Korotkoff method of measuring Bp.

⇒ Auscultatory method.

⇒ palpatory method

⇒ oscillometry method

⇒ Invasive method

⇒ Noninvasive method.

⇒ Continuous noninvasive techniques

[NAP]

Blood Pressure Measurement



Describe the managerial skills you have acquired (in terms of planning, leadership, team work, behaviour, workmanship, productive use of time, weekly improvement in competencies, goal setting, decision making, performance analysis, etc.

Sugar test details:-

It's a simple, safe and common way to diagnose prediabetes, diabetes or gestational diabetes. A Health provider will prick your finger or use a needle to draw blood from a vain in your arm.

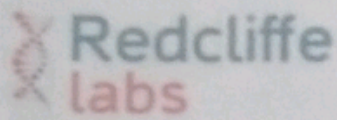
Don't eat or drink anything (except water) for 8 to 12 hours before the tests types of sugar tests:-

⇒ Glucose tolerance test

⇒ Random blood sugar test

⇒ Glucose screening test

⇒ Glucose tolerance test



Mean Blood
Glucose Level
(mg/dl)

Blurred Vision
Slurry Speech
Palpitations
Tremor
Unsteadiness

Risk of Heart Disease
Nerve Problems
Itching
Erectile Dysfunction
Diabetic Coma

Below 50
Dangerously
Low

315+
Dangerously
High

50-70
Hypoglycemia

100-315
Hyperglycemia

70-100
Excellent

Excess Sweating
Increased Hunger

Fainting
Fatigue
Shakiness

Warm or Dry Skin
Numbness or Tingling
Loss of Muscles

Fatigue & Blurred Vision
Ketones in Urine

**DID YOU CHECK YOUR
DIABETES LEVEL?**

Describe how you could improve your communication skills (in terms of improvement in oral communication, written communication, conversational abilities, confidence levels while communicating, anxiety management, understanding others, getting understood by others, extempore speech, ability to articulate the key points, closing the conversation, maintaining niceties and protocols, greeting, thanking and appreciating others, etc.,)

Giving Injections :-

Communication skill :-

An Injection often and usually refers to a "shot" in us English a "Job" in UK English or a "Jag" in Scottish English and Scots) is the act of administering a liquid, especially a drug, into a person's body using a needle [usually a hypodermic needle] and a syringe.

5 Injection sites Located on the:-

- ⇒ upper cheek
- ⇒ nasal base
- ⇒ Lower cheek
- ⇒ Jawline and chin are mirrored on each side of the face.

Describe how could you could enhance your abilities in group discussions, participation in teams, contribution as a team member, leading a team/activity.

5 things Doctors Can learn from nurses :-
Teaching that a doctor:-

* what patient's are Really thinking and feeling and what they need.

⇒ How to Gain their patient's trust.

⇒ How family Dynamic's Might play a Role in a patient's Condition and Recovery.

⇒ How to Address the Hard Issues.

⇒ How to put patient's first.

The doctors diagnose and treat the Medical illness and or problem. Nurses diagnose and track that "Response" to the Medical diagnostic problem.

→ An Example is a CVA.

or
Cardiac or Cerebral Accident.

Describe the technological developments you have observed and relevant to the subject area of training (focus on digital technologies relevant to your job role)

Development of Nursing practice:-

⇒ A professional development plan:-

the helps you identify your goals, strength gaps, and actions to Advance your nursing Career.

It can also help you align your personal and professional.

⇒ professional Interest.

⇒ values.

⇒ aspiration of opportunities

⇒ Expectations that a your current and future roles. planning, implementation, and evaluation.



GPS Map Camera

Annamayya, AP, India

Kadapa Tirupati Road, Pullampeta, Annamayya,
516107, AP, India

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Note : Captured by GPS Map Camera



GPS Map Camera

Annamayya, AP, India

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Note : Captured by GPS Map Camera



GPS Map Camera

Annamayya, AP, India

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516107, AP, India

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Note : Captured by GPS Map Camera



GPS Map Camera

Annamayya, AP, India

Pullampeta, Annamayya, 516107, AP, India

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06/19/2024 05:55 PM GMT+05:30

Note : Captured by GPS Map Camera

EVALUATION

Objectives:

- Explore career alternatives prior to graduation.
- To assess interests and abilities in the field of study.
- To develop communication, interpersonal and other critical skills in the future job.
- To acquire additional skills required for the world of work.
- To acquire employment contacts leading directly to a full-time job following graduation from college.

Assessment Model:

- There shall be internal evaluation
- The Faculty Guide assigned is in-charge of the learning activities of the students and for the comprehensive and continuous assessment of the students.
- The weightings for External Evaluation shall be:
 - Internship Evaluation 100 marks
- Activity Log is the record of the day-to-day activities. The Activity Log is assessed on an individual basis, thus allowing for individual members within groups to be assessed this way. The assessment will take into consideration While evaluating the student's Activity Log, the following shall be considered -
 - a. The individual student's effort and commitment.
 - b. The originality and quality of the work produced by the individual student.
 - c. The student's integration and co-operation with the work assigned.
 - d. The completeness of the Activity Log.
- The Internship Evaluation shall include the following components and based on Weekly Reports and Outcomes Description
 - a. Description of the Work Environment.
 - b. Real Time Technical Skills acquired.
 - c. Managerial Skills acquired.
 - d. Improvement of Communication Skills.
 - e. Team Dynamics
 - f. Technological Developments recorded.

Student Self Evaluation of the Short-Term Internship

Student Name: *Beedam Nandini*

Registration No: *200200135027*

Term of Internship: *1 Month* From: *20/5/2024*

To: *20/6/2024*

Date of Evaluation:
Organization Name & Address: *Sivateja Medical &
Pulampeta bypass*

Please rate your performance in the following areas:

Rating Scale: Letter grade of CGPA calculation to be provided

1	Oral communication	1	2	3	4	5
2	Written communication	1	2	3	4	5
3	Proactiveness	1	2	3	4	5
4	Interaction ability with community	1	2	3	4	5
5	Positive Attitude	1	2	3	4	5
6	Self-confidence	1	2	3	4	5
7	Ability to learn	1	2	3	4	5
8	Work Plan and organization	1	2	3	4	5
9	Professionalism	1	2	3	4	5
10	Creativity	1	2	3	4	5
11	Quality of work done	1	2	3	4	5
12	Time Management	1	2	3	4	5
13	Understanding the Community	1	2	3	4	5
14	Achievement of Desired Outcomes	1	2	3	4	5
15	OVERALL PERFORMANCE	1	2	3	4	5

Date:

Signature of the Student

B. Nandini

*Evaluation by the Supervisor of the Intern
Organization*

Student Name: <u>Beelam Nandini</u>	Registration No: <u>2009200135027</u>
Term of Internship: From: <u>20/05/2024</u>	To: <u>20/06/2024</u>
Date of Evaluation:	
Organization Name & Address: <u>Siva Teja Medical & pullampet</u>	
Name & Address of the Supervisor with Mobile Number	

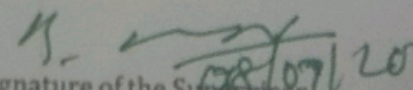
Please rate the student's performance in the following areas:

Please note that your evaluation shall be done independent of the Student's self-evaluation

Rating Scale: 1 is lowest and 5 is highest rank

1	Oral communication	1	2	3	4	5
2	Written communication	1	2	3	4	5
3	Proactiveness	1	2	3	4	5
4	Interaction ability with community	1	2	3	4	5
5	Positive Attitude	1	2	3	4	5
6	Self-confidence	1	2	3	4	5
7	Ability to learn	1	2	3	4	5
8	Work Plan and organization	1	2	3	4	5
9	Professionalism	1	2	3	4	5
10	Creativity	1	2	3	4	5
11	Quality of work done	1	2	3	4	5
12	Time Management	1	2	3	4	5
13	Understanding the Community	1	2	3	4	5
14	Achievement of Desired Outcomes	1	2	3	4	5
15	OVERALL PERFORMANCE	1	2	3	4	5

ate:


 Signature of the Supervisor

INTERNAL ASSESSMENT STATEMENT

Name Of the Student: Beedam Nandini

Programme of Study: B.A [H.E.P] IV sem.

Year of Study: 2024-25

Group: B.A [H.E.P]

Register No/H.T. No: 202200135027

Name of the College: Government Degree College Rajampet.

University: Yogi Vemana.

Sl.No	Evaluation Criterion	Maximum Marks	Marks Awarded
1.	Activity Log	30	30
2.	Internship Evaluation	40	40
3.	Oral Presentation	30	28
	GRAND TOTAL	100	98

Date: 08/07/2024

Signature of the Faculty Guide

BALASANI NAGARAJA, MA.
Lecturer in Telugu
Government Degree College
Rajampeta, Annamayya Dist. 516115. A.P.



**ANDHRA PRADESH
STATE COUNCIL OF HIGHER EDUCATION**

(A Statutory Body of the Government of Andhra Pradesh)

2nd, 3rd, 4th and 5th floors, Neeladri Towers, Sri Ram Nagar, 6th Battalion Road

Atmakur (V) Mangalagiri (M), Guntur, Andhra Pradesh, Pin - 522 503

www.apsche.ap.gov.in